1. Before the speech the process of practicing for me to read over the outline several times to know exactly what went where. Then I went through the main ideas and thought of what to add to each idea, for example, like a story. I then went over my speech in my head until I knew exactly what I wanted to say. I then started to practice my speech out loud, as I would be saying it in class.
2. My concern before the speech is that I would blank out, and I would forget all the main details. That would then make my speech much worse and then it would not meet the requirements.
3. My thoughts during the speech were “make eye contact.” My thoughts directly after the speech were “hey, maybe I didn’t do so bad,” “that was quick,” and “that wasn’t so bad.” The part that went well was that I didn’t blank out, and got through almost everything I planned to say, and I barely had to look at my flash cards. What didn’t go as planned is that I felt that I ended up talking too fast.
4. My perception from above did match much of what I saw on the videotape. What was different is that I looked down more at my paper than I thought, and I didn’t notice that I was fiddeling with my hands.
5. My thoughts about the delivery after I watched the video is that
6. If I were to make a highlight reel of my speech I would include my introduction and the part where I explain the snorkeling in Honduras, because these parts basically can explain the whole story. From the fact that I went on a cruise to an example of what I did on the vacation.
7. If I was to give this speech again I would maybe try to give some hand motions, and try to stand a little closer to the class, and fiddle less with my paper in my hands.
8. I think my public speaking strength is being able to plan what I want to say before I start the speech.
9. I want to be able to move around a little more and some hand movement, but no fiddling with my notes. Another goal I hope to accomplish is to be able to think more about what I’m saying, not just saying my words like a robot.